



Healthy H@USING Initiative

Partnering to Help Solve Homelessness in Oregon



Environmentally-Conscious & Affordable Transitional Housing

27 new units dedicated to preventing the trauma of homelessness.



Safe and Secure Community

Private, secure living spaces and indoor/outdoor gathering areas.



Whole-Person Support

Wrap-around services for physical, mental, and social wellbeing.



Resident Stability and Asset Development

Support with healthcare, job placement, housing stability, and financial empowerment including matched savings accounts.



Convenient Urban Location

Nearby access to public transit, schools, shopping, and parks.





THE ANNEX COMMUNITY: A SAFE PLACE TO CALL HOME

Women, with or without children, are disproportionately impacted by violence, poverty, and homelessness. Catholic Charities is one of the only agencies in Portland that specializes in supporting homeless women and women-led families with children, including refugees and survivors of human trafficking.

Located on the campus of Catholic Charities' Clark Family Center in SE Portland, The Annex will fill a critical need for services for the growing number of Catholic Charities clients who find themselves homeless or at imminent risk. The Annex will offer 27 highly affordable apartments for those who need it most—especially those who are already connected to Catholic Charities' services, but are housing insecure.

The existing government-funded housing continuum creates significant barriers for many individuals who do not meet the narrow criterion for eligibility. By creating privately-financed housing options for individuals and families, in combination with Catholic Charities' suite of safety net programs and services, The Annex will offer a safe, transitional housing solution for individuals and families who have recently experienced homelessness, are at imminent risk of homelessness, or are facing obstacles accessing other housing options.

Apartments will be prioritized to those participating in Catholic Charities' wide array of support programs, such as the Housing Transitions Program for homeless women, Refugee and Migration Services, Family Services and Counseling, and Save First Financial Wellness. Nearly one in five of our existing clients rate imminent risk of homelessness as their greatest concern. By providing housing plus wrap around services, we can intervene early, prevent homelessness, and the trauma of extended homelessness.

Each resident will be offered a range of supportive services including case management, mental health, financial empowerment, and job readiness training. In addition, all residents will be enrolled in a matched savings account where a portion of their rent will be deposited and matched, with those funds available upon leaving The Annex and entering into permanent housing. The likely amount saved will be enough for the first month of rent and a security deposit. Finally, an array of volunteer-driven services and opportunities from local faith communities, healthcare services, and other groups will provide additional support while promoting a deep sense of community and belonging.

The design of The Annex's living and community spaces has been guided by Catholic Charities' clients and staff, using trauma-informed design principles to balance opportunities for socialization – indoors and out – while ensuring privacy and security.

INDIVIDUAL & FAMILY SERVICES

The Annex will connect all residents to a multitude of individual and family support services tailored to meet their most pressing needs including:

Mental Health Services

One of the most important services people facing the trauma of homeless need is mental health and counseling. The Intercultural Counseling Center within the Clark Family Center promotes hope and healing through a strengths-based, trauma-informed approach and will be available to all residents. Counseling services cover a variety of issues including depression, anxiety, past trauma, parenting challenges, grief, and life transitions through the following programs and services:

- Individual and family therapy
- Psychiatric evaluations and medication management
- · Group therapy
- Peer support
- Case management
- Learning opportunities

Financial Wellness and Empowerment Services

While residing at The Annex, residents will be preparing for the future, both psychologically and in terms of financial independence. The financial empowerment services that will be available to residents are:

- Financial empowerment, including matched savings accounts
- Good renter training
- Save First Financial Wellness program
- Job readiness and preparedness services
- Assistance with job placement

Services for Families and Single Moms

Many of our client families, including single mothers and children and pregnant women, find themselves at imminent risk of homelessness and unable to access affordable housing. Once they become unhoused, the possibility of engaging them in supportive services rapidly evaporates. The Annex will be designed to accommodate up to four families at any given time, in addition to pregnant moms with and without children. These families will have access to specialized supports including:

- Trauma-informed mental health support and skills building
- · Housing retention case management
- Parenting and childcare support
- Domestic violence and human trafficking survivor support
- Refugee extended case management
- Legal and health plan support services
- Cultural and spiritual support



In addition, they will have access to:

- Diapers, baby clothes, and other needed items
- Pregnancy and parenting classes
- Counseling, during and after pregnancy
- · Parental education

The goal of The Annex is to empower residents and to build skills and psychological preparedness to enable them to succeed and thrive in permanent housing. Residents will be able to save for the first month of rent, security deposit, and other essential purposes.

HEALTHY LIVING & COMMUNITY CONNECTIONS

As part of the Healthy Housing Initiative, The Annex prioritizes resident whole-person health and wellbeing, including social connections. Residents are just around the corner from all the supportive programming that Catholic Charities has to offer, including a food pantry located on the first floor of the Clark Family Center. This wrap-around programming, in conjunction

with complimentary services from community healthcare partners, will ensure a tailored, holistic approach that meets the needs of every resident's physical, social, and emotional wellbeing.

Volunteers from the community, from parishes and from health partners, will play an important role in making The Annex a place where residents succeed and thrive. Volunteers may serve as mentors, tutors, financial coaches, and in other roles that support resident success and well-being.

Situated in a walkable urban neighborhood, residents of The Annex are never far from

the area's many healthcare providers and clinics—whether a short 10-minute walk to the Multnomah County Southeast Health Clinic or a 15-minute bus ride to a nearby behavioral health plaza. Powell Park, located just one block away, provides over 8 acres of green space and outdoor recreation, making The Annex a well-rounded housing development for resident well-being.

Additionally, Catholic Charities is incorporating partnerships with healthcare partners to provide services at The Annex that further resident health and wellness. For example, residents will have access to onsite wellness checks and health information sessions, including nutrition education and exercise classes.

ENVIRONMENTALLY-CONSCIOUS HOUSING

Catholic Charities believes that environmental sustainability is essential in all building developments, including affordable housing. For the design and construction of The Annex, Catholic Charities and Sister City are working together to explore a range of green building practices that will benefit the planet and residents, such as:



- Sourcing sustainable building materials and reducing the building's carbon footprint
- Optimizing site orientation for passive heating and cooling
- Readiness to implement solar power
- Prioritizing water efficient and pollinator-friendly landscaping

As part of a holistic design process, the development team will also be deliberate in integrating healthy, sustainable, and trauma-informed design strategies throughout The Annex.

While cutting-edge, environmentally sustainable construction is not yet widely used in transitional housing, we aim to make The Annex a leading example of what is possible for future transitional housing developments throughout our community, and beyond.





The Healthy Housing Initiative is an ambitious effort of Catholic Charities USA to holistically address a homelessness crisis impacting communities around the country. Launched in 2020 across five U.S. cities—

Portland, Spokane, Las Vegas, St. Louis, and Detroit—our collaborative placed-based approach will create greater access to permanent supportive housing that integrates health and wellness with onsite social services. In addition, the local Catholic community will provide a blanket of support to ensure these houses truly become homes for our most vulnerable neighbors. What starts in Portland will have a ripple effect throughout Oregon.

Learn more about CCUSA's Healthy Housing Initiative at CatholicCharitiesUSA.org



Sister City is helmed by Anna Lucey Mackay, an empathetic placemaker who understands the complexities, needs, and people that guide meaningful development. Mackay led the first Regulation A crowdinvesting effort for new construction in the U.S. and raised a tranche

of crowd-invested equity from everyday Oregonians to fund a homelessness project in just 68 hours. She is a champion for new models of development that emphasize non-displacement and affordable retail. With The Annex, she is exploring the union of affordable housing with cutting-edge environmentally sustainable construction.



MAKE A DIFFERENCE

Ensure The Annex is a Success:

- Give small items for welcome home kits (kitchen tools, cleaning supplies, etc.)
- Donate to help fund resident needs (emergency assistance, communal supplies, etc.)
- Share your time by becoming a community volunteer
- Stay informed by joining our email list (updates, community meetings, events)

Interested in making a donation to support this effort? Please contact Catholic Charities of Oregon at 503-688-2562 or ccdevelopment@ccoregon.org

